



## Skills certificate

No. 466724568323549268

# Louise Normand



On 9 October 2023

## Building on your strengths to boost your self-confidence

- Building self-confidence and assertiveness to manage interpersonal interactions
- Understanding and breaking the roles that are played in situations of discomfort or tension
- Calmly dealing with tension, failure and doubt



**Naomi Bearcroft**  
Expert

**Pierre Monclos**  
Head of training

Single link:  
<https://unow.fr/certificats/466724568323549268>

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