Skills certificate

No. 551624619657112180

Mael Demessence

On 26 November 2024

Building on your strengths to boost your self-confidence

- Building self-confidence and assertiveness to manage interpersonal interactions
- Understanding and breaking the roles that are played in situations of discomfort or tension
- Calmly dealing with tension, failure and doubt

Naomi Bearcroft
Expert

Léna Leparoux
Head of training

Single link:
https://unow.fr/certificats/551624619657112180

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